



Mental Health NHS Foundation Trust

A wave of opportunities



Lewis Davis IT Apprentice

I more-or-less joined the trust straight after finishing school. I had been looking into potential options for my studies and decided that an apprenticeship would be best, so that I could combine both work experience and learning.

I wanted to be able to expand on my current knowledge whilst achieving something at the end of it. I also wanted to be able to build up work experience, which can prove to be invaluable, and also because I wanted to work within a well-established trust. The

thought of working with BSMHFT made me confident that they would be able to provide me with a stable place to do an Apprenticeship.

Staff were very welcoming and keen to share their knowledge. I'm approaching the third month of my apprenticeship and I believe that I have learnt a vast amount already. Not only have I been able to develop my IT knowledge, I've also been taught valuable skills that can be applied in any workplace. My communication skills and general confidence have also been built upon .

At this early stage already I, alongside other Apprentices, have been presented with multiple opportunities to get involved further within the trust and to have some form of an impact which shows just how much the Trust value their Apprentices.

At this stage I'm unsure of my intentions in the future, however the IT apprenticeship covers a range of areas within ICT so hopefully I can develop within that field further. I am however keen to remain within the ICT Industry and pursue a career within it. It would be beneficial to remain within the trust however I'm sure wherever I go next I will be well equipped thanks to this apprenticeship!

